

Save Up to 20% on Your Monthly Contribution

Available for WeShare Members to apply on or after their program effective date

How to Qualify

- Members must complete a health review and blood panel test and show measurements that are all in healthy ranges. The first blood panel test is paid for by shared dollars
- If the blood panel test does not come back with normal values, Members have the option to complete a health management program offered by our partners at Integrative Health Direct Primary Care and are eligible to reapply for Healthy Discount every 90 days
- If you do not qualify and do not participate in the health management program, you can also work on improving your results separately to reapply every 90 days.

Note: Both the primary Member and spouse must individually qualify to receive the discount. Each individual can qualify by the healthy blood test results or by completing a health management program. Children are exempt.

How to Apply

- After your WeShare membership begins, visit the WeShare member portal and download the lab order form

Note: The blood panel lab request will include a metabolic panel, lipid panel, hemoglobin A1c, CBC, and thyroid stimulating hormone. Alternatively, you can complete a health management program offered by Integrative Health Direct Primary Care.

What Happens if I Qualify?

- Once your bloodwork has been approved, the discount will apply for the next 12 months

Note: The earliest the discount rate can apply is the second month from the program effective date. The first month contribution is locked in as the amount designated during enrollment.

- After the 12-month period ends, Members must complete the blood panel test again (resulting in normal values) or complete a health management program offered by Integrative Health Direct Primary Care within 90 days of the expiration date to renew the discount. All subsequent blood tests are subject to Member contribution requirements

Bloodwork Health Factors

- A1C Normal: Below 5.7%
- Fasting Lipids Normal: Less than 150 milligrams per deciliter
- Comprehensive Metabolic Panel Evaluates liver and kidney function
- Complete Blood Count Insights on your overall health by examining blood cell health measures
- Thyroid Evaluates TSH levels and other measures to ensure normal healthy ranges

Quest Diagnostics Locations

www.questdiagnostics.com/locations

Labcorp Locations

www.labcorp.com/labs-and-appointments

For more information or if you would like assistance in enrolling in the healthy discount program, contact Member Services at 800-900-8476